

Connect through a 4-week class or pop in for a one-night event at Unity. All classes and session held at 13909 77th Avenue, Dyer

The 5 Love Languages

The Five Love Languages 



Tuesdays Mornings

11:30-12:30 PM June 7-28 \$60

@ the Property & Zoom

Love Languages are how we express and receive love. Knowing your personal love language and those of your spouse, family, friends and co-workers enhances relationships. Discover what makes you feel loved and how others respond when we “speak” their love language. This is a fun, practical class with information you can use every day.

Making Peace *with* CONFLICT

Tuesday Evenings

6-7:30 PM June 7-28 Tuition \$60

@ the Property & Zoom

Conflict is normal and natural and we don't have to fear it. Within conflict lies tremendous opportunities for self-awareness, spiritual growth and greater peace. Because conflict brings us to the edge of our resourcefulness it can open the way to inner peace and harmonious relationships.

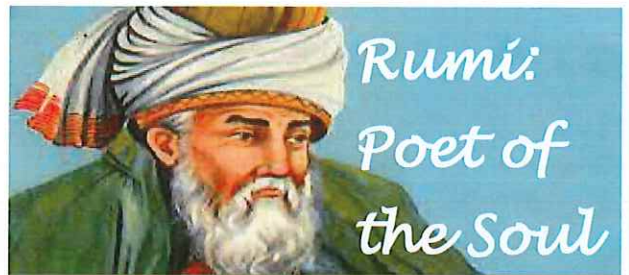
From a current class participant: *I've learned to accept that conflict is present in many different circumstances and relationships. Rather than avoiding it, I now find myself recognizing when I feel triggered, and as disused in class, know that I have tools and recourses available to me to use and*

Inquiry: The Work of Byron Katie



Stress comes from believing our stressful thoughts. The Work is 4 SIMPLE QUESTIONS AND THE TURNAROUNDS. That's it! When you do The Work, stress dissolves and peace emerges. Based on *Loving What Is* by Byron Katie.

POP-UP SESSION ~ IN PERSON ONLY Wednesday, July 20
6:00 PM Tuition \$15



Who is Jalaluddin Rumi and how did his astonishing poetry ignite the souls of millions, centuries after his mysterious death? To give you a hint, his name means “Love and ecstatic flight into the infinite.” Rev. Geraldine has been a decades-long lover of the mystical poetry and prolific soul of Rumi. She shares his unforgettable love story and the words that poured forth in movement and dance, leaving a wealth of beauty, poetry and whirling dervishes.

POP-UP SESSION ~ IN PERSON ONLY
Wednesday, June 15 6:00-7:30 PM
Tuition \$15